

**Part 1 Centering Meditation:**

Take a long, deep, conscious breath.....

Breathe deeply and consciously: the infinite intelligence of Source is in the Breath.

Breathe in Undifferentiated Light..... Breathe out Undifferentiated Love.....

Breathe in Undifferentiated Love..... Breathe out Undifferentiated Light.....

Be totally Present and deeply grounded to Earth -- here -- in the Now.

Know yourself as SoulSpirit, merged with your Higher Self and Christed OverSoul,

Know yourself as the Holy Spirit

Be centered in the vastness of your Sacred Heart Consciousness,

in the Christed Matrix, which is both in you and in the Heart of Gaia

Be aware of that Sapphire Blue Star Tetrahedron in the 1<sup>st</sup> Triad composed of  
the Heart chakra, High Heart/Thymus, and Throat chakra – Now all merged into One

This 1<sup>st</sup> Triad has expanded to encompass the 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> chakras as well

Feel this unified spinning vortex of energy all within the Sapphire Blue Star Tetrahedron.

Now be aware of the Sapphire Blue Star Tetrahedron in the entire head area/2<sup>nd</sup> Triad:  
the 3<sup>rd</sup> Eye, Pineal, and Medulla all merged into one unified spinning energy vortex.

This 2<sup>nd</sup> Triad is also merged with the 1<sup>st</sup> Triad and its Sapphire Blue Star Tetrahedron.

Feel this unified spinning vortex encompassing the 1<sup>st</sup> & 2<sup>nd</sup> Triads in harmony, Unity.

And now be aware of the Sapphire Blue Star Tetrahedron in the 3<sup>rd</sup> Triad, composed of  
the Crown, Soul Star, 8<sup>th</sup> chakra, all merged into one whirling, spinning energy vortex

This 3<sup>rd</sup> Triad is now merged with the Unity of the spinning 1<sup>st</sup> & 2<sup>nd</sup> Triads.

and it now encompasses all the higher chakras of the 14-chakra system.

Feel this one, unified spinning energy vortex in, through, and around you,  
encompassing your entire Unified Energy Field, all the chakras, all the unified Triads.....

The Sapphire Blue Star Tetrahedron is now merged into the White Star Tetrahedron.

So both the Blue and White Star Tetrahedrons now encompass your entire Unified Field,  
which is now beyond limitations

This is who you are – experience this, feel this, know this.....

Now realize that our whirling vortices of energy of the entire Triadic and chakra system,  
which are encompassed within the merged Sapphire Blue & White Star Tetrahedrons,  
are both your individual consciousness and your Collective Consciousness

We are, this Divine Image group is one Collective unified whirling vortex of Energy,  
merged with the Higher Collective Consciousness guiding these classes,  
a Higher Collective Consciousness that we are One with and part of.

And a Collective merged Blue/ White Star Tetrahedron encompasses our Collective  
immersing us in the Christed Matrix and Christed Consciousness of Source.

And within this Collective Consciousness Energy Field, we form a circle.

We wear Michael's Shield of Strength, Courage, Fearlessness, Fortitude

We carry the Blue-White Sword of Truth with us

Hear the ring of the sword and the flash of its Light reverberating  
as we pull it out and raise it up high.

Accept the Power of the gifts we have been given, as we do our work on Earth.

Feel this Christed Field – we live in this Christed Collective Field Now at all times.

As you experience this energy, feel the Power that courses through your veins and body.

Feel the 5<sup>th</sup>/6<sup>th</sup>/7<sup>th</sup> dimensional energy,

giving you a clear connection in Oneness with Source and with who you are.

Breathe that energy into every cell in your body – breathe in the Knowing, the Truth.

And as you experience this, you stand strong, connected above and connected below,  
One with Source and One with the Earth.

Feel the energy of the people beside you in the circle, in this shared Collective  
now coming together back to back, connected in our Heart fields.

Feel the fortress that we create, unified.

Notice what it feels like to know, in all circumstances as we walk this Earth,  
that someone has your back,  
that our unified Collective group, that the Universe Itself, has our back,  
that you never walk alone.

Feel that feeling into the cells of your body so that it is a new program within you  
of Knowingness, of confidence, of certainty, of Unity Collective Consciousness.

Notice how the Higher Collective Consciousness that leads this group is here with us also,  
another force field surrounding us. It is there for you – always! Call on it often.

Feel the warmth on our back that connects us all,  
the Light that shoots from the center of our circle straight through the heavens  
to Source, to All That Is.

At the same time, feel the Power that comes down from Source through this Light & Love  
and radiates into our bodies, into our physical Being, igniting our Light Bodies.

This is who we are.

This is what we came here to be.

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**Part 2: Meditation to dismantle the lower two-thirds of the emotional body responses:**

In this state of consciousness be in the 4<sup>th</sup>/5<sup>th</sup> layer of thought

aware of the synergy in the 8<sup>th</sup>/9<sup>th</sup>/10<sup>th</sup>/11<sup>th</sup> chakras and Universal Mind

aware of your Presence in the 9<sup>th</sup> chakra

with the Lords of Light, especially Metatron, Michael, Melchizedek, and Uriel

with the full Archangelic realm

with the many realms of the Ascended Masters

with the Ultraterrestrials and Extraterrestrials who have been helping us for eons

Now direct the Undifferentiated Light from Spirit, and from the 11<sup>th</sup> chakra,

and your own Undifferentiated Light created in the pineal gland in the 2<sup>nd</sup> Triad

into the medulla oblongata at the base of the brain,

and watch the medulla oblongata create and amplify the Arc of the Covenant,

which domes around your head and now encompasses your entire Unified Field.

Notice the electrical arcing of this Arc of the Covenant

and those Ze particles of Light that you create,

under the direction of the merged SoulSpirit and Christed OverSoul

These Ze particles that you create through the Arc of the Covenant

are stepped down particles of Light that are usable in physicality

Now direct these Ze particles of Light into the triangle of three seed crystals

in the center of the forehead

and experience the Ze particles activating them

which changes the entire electromagnetic field of your Unified Field and body.

Notice the Ze particles of Light altering the electrical components of every cell,

so the cell in the body maintains a steady level of energy through the ATP

And this allows you to maintain more of the Ze particles of Light

and more of the Undifferentiated Light within the physical body

Direct the electrical Ze particles into the brain, activating the neurology of the brain:

into the frontal, temporal, parietal and occipital lobes

and into the corpus callosum which had separated the two halves of the brain

Notice within your SoulSpirit/Christed OverSoul the Presence of On particles of Thought.

Notice how you connect the Ze particles of Light with the On particles of Thought

and create Ze'On particles of Thought that allow the SoulSpirit to think in the body

Direct the Ze'On particles into the neurons and all the areas of the brain, including

the pituitary, the hypothalamus, the hippocampus

and direct the Ze'On particles into the consciousness of every cell of the physical body,

which changes the speed of the electrons in the body, in the cells,

thereby altering the electromagnetics and the physical body

Ze'On particles create new access to the Higher Mind/Universal Mind  
and allow the mental-emotional body to operate through the Christed OverSoul.  
Because of this amplified electrical state of being you have just now created,  
you can draw in from the 10<sup>th</sup> Ray of Creation, by your intention and your attention,  
the magnetic field that functions in alignment with SoulSpirit & Higher/Universal Mind

**The magnetics allow a new state of consciousness to be seated within your body.**

Draw this magnetic field from the 10<sup>th</sup> Ray of Creation  
into the lower third of the emotional body.

Draw the Ze'On particles in the lower third of the emotional body.

And allow the electrical charge of the Ze'On particles  
to short circuit and dissolve all emotions not at the resonance of the Ze'On particles.  
[Pause]

Then draw the magnetic field of the 10<sup>th</sup> Ray and the Ze'On particles  
into the middle third of the emotional body.

And allow the electrical charge of the Ze'On particles  
to short circuit and dissolve all emotions not at the resonance of the Ze'On particles.  
[Pause]

Use the Blue Coding, which is part of the 10<sup>th</sup> Ray of Creation, now and at any later time,  
to bond with any emotions not at the level of the Ze'On particles and to raise them up.  
Breathe this Blue Coding from the 10<sup>th</sup> Ray of Creation into your mental-emotional body.  
This creates a balanced emotional range resonant with the Ze'On particles, Higher Mind,  
Universal Mind, and Creator's Mind  
This creates an electromagnetic field in the body aligned with SoulSpirit and with  
the Christed OverSoul

This procedure using the magnetics of the 10<sup>th</sup> Ray and the Ze'On particles  
dismantles the lower aspects of the mental-emotional body.

It brings the magnetic emotional component of the mental-emotional body  
into resonance with the level of the electrical thought component of that body  
which has been raised by the Presence of the Ze'On particles.

This increases the re-unification of the mental-emotional body  
and allows the emotions to be higher fourth dimensional,  
stable, and without extreme highs and lows

If at any point during your days your emotional responses dip below this frequency level,  
just bring in the Blue Coding or repeat this entire simple process.

**Part 3 – The Collective Group Creates a New Template for the mental-emotional body**

Now that we have cleared from the lower 2 levels of the emotional aspect of the mental-emotional body any emotions not at the level of SoulSpirit/Christed OverSoul Let's as a group create what we choose to have in our mental-emotional body

So, let's all of us just periodically do a \*6 to unmute ourselves and put in a concept like Love, freedom, ease, accomplishment, our 7 words of Mastery, etc etc etc Then immediately hit \*6 again to re-mute yourselves.

Feel free to do this several times as you have more of the Christed template to install into our mental-emotional bodies.

This is a somewhat large group. This process may get chaotic. That's OK – more reason to laugh.

OK – I'll start: I put in \_\_\_\_\_